# PICKLEBALL CLINICS AND HAPPY HOUR



## ALL SKILL LEVELS WELCOME

### HAPPY HOUR EVERY FRIDAY • 6:00 – 8:00PM

**CLINICS** WEDNESDAYS 5:30 – 7:00 PM

\$15/player per session
5:30 – 8:00 PM
\$20 per session

TO SIGN UP, CALL US AT 202-554-5962 \$150/Player Per
 5-Week Session

 \$30/Player for 1-Week Session

**Drop-In Rates Available** 

LEARN MORE ABOUT OUR PROGRAMS: eastpotomactennis.com/pickleball

### 2023 East Potomac Tennis Center Pickleball Program Clinics and Happy Hour

### Wednesday Night Pickleball Clinic

### Who/What Level? Beginner/Advanced Beginner

- **Beginner: 1.0-2.5 NTRP** -This player is just starting to play pickleball and has no other sports background. Minimal understanding of rules of the game.
- **Advanced Beginner 2.0-2.5 NTRP** -This player has limited experience. Can sustain a short rally with players of equal ability. Basic ability to keep score.

When does the clinic take place? Wednesday Evenings 5:30pm - 7:00pm

### Schedule Format? 5-week session start date Wednesday, May 24

What is the format?

- 10-minute warm-up
- 30 minutes of pickleball specific drills and demonstration
- 15 minutes of serve/return/3<sup>rd</sup> shot practice.
- 5 minutes to go over scoring.
- 30 minutes of open play with coaching
- 4 players per pickleball court
- Players will be assigned to a court based on their demonstrated ability.

**Cost** - **\$150 per player per session or \$30 per player** per session for Drop-In if space available **\$35.00** per player

How do I sign up?

- Contact the front desk by either email at <u>eptennis@guestservices.com</u> or call us at 202-554-5962
- Contact Pro Chris at cgjsnr@hotmail.com

### East Potomac Tennis Center Pickleball Happy Hour

### Who/What Level? Low Intermediate/Intermediate

- Low Intermediate 2.5-3.0 NTRP This player is starting to hit medium paced groundstrokes, volleys and serves, but is unable to sustain dink rallies and hit 3<sup>rd</sup> shot drops.
- Intermediate 3.0+ NTRP This player develops strategic intent, can keep score, and hits all strokes with reasonable consistency and directional intent. This player understands the importance of court positioning and patience in dink rallies.

When does the **Pickleball Happy Hour** take place? Friday Evenings **5:30pm – 8:00pm or 6:00pm – 8:00pm** 

Schedule Format? Weekly Drop-IN start date Friday June 2

What is the format?

- 30 minutes of pickleball specific drills and instruction 5:30pm 6:00pm (\$5 paid optional)
- Two hours of open play with scoring
- 4 players per pickleball court, 24-32 players total
- First come, first serve
- 2-3 min warm-up if needed, then play
- Rotations will be two players on two players off at the conclusion of a set to 11, win by 2

Cost - \$15 per player per session for 6:00pm – 8:00pm, \$20 per session for 5:30pm – 8:00pm

How do I sign up?

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**Instructor Bio:** Chris Robinson is a PPR certified Pickleball instructor. Prior to rejoining East Potomac, Chris developed the inaugural Pickleball program at Cattail Creek Country Club where he taught several clinics and coached Cattail Creek's first ever Baltimore Pickleball Interclub team. More recently, Chris was the pickleball program director for Blue Chip Sports Management.

### Suggested Materials:

3 Tennis Courts for 2.5 hours C1-C3 6 Pickleball Nets Outdoor Pickleballs (24) Pickleball Tubes (8) Kollectaball K-Max Ball Collector (1)